Updated: May 8, 2019

ICAN – Programming Logic Model

Purpose: To strengthen communities by cultivating the full potential of youth

Impact

Youth and parents served will achieve annual gains helping them make better life choices.

Target Population

Youth who exhibit the following characteristics are most suitable for ICAN's Programming:

1. Low/limited family resources
2. Limited access to quality youth development programming
3. Families with children Kinder-12th grade
4. *"Regular" program attendance

Inputs

- Annual Program Plan that integrates the components of this model with the needed input and intended outputs/outcomes
- Trained staff
- Trained volunteers
- Program orientation materials/Parent Handbook
- Program application
- Program database and tracking systems
- Program Schedule and Curriculum Map
- Appropriate staff-client ratios
- Transportation services/Meals (OST)
- Evidence supported and evidence-based curriculum
- PBIS Systems (Positive Behavioral Intervention Systems)
- Community partners and referral systems
- Client recruitment and retention strategies
- Evaluation tools and systems for assessment
- Triple P

Components of Model

1. **Client Orientation/Onboarding –** Ensures families and youth understand and respect ICAN rules, culture and participation expectations – *1x annually*
   a. Handbook review, tour and staff Q&A
   b. Same orientation for new and returning

2. **Out of School Time Program (OST)** – Fosters youth development and provides a safe place to apply the 5Cs of Positive Youth Development through: (*Min 1 day attended/week)*
   a. Connection to consistent, caring adults *(Daily)*
   b. Outdoor Play *(Min 30 min/day)*
   c. YD Programs *(Min 50 min/day)* – Structured, experiential programming with intentional end-of-session confidence-building debrief; activities of focus: Youth Development (5Cs of PYD) and Enrichment (STEAM and literacy)
   d. Homework Help *(Min 30 min/day, except breaks)*
   e. Snack & Meals *(Daily)*

3. **Parent Engagement –** Ensures parents of ICAN youth feel connected to ICAN and have enhanced skills to support positive youth development through:
   a. Family/ICAN connection opportunities – Events, individual check-ins, outreach
   b. One-Time Workshops and Presentations
   c. Evidence-based/supported curriculum for parents

4. **Community Engagement –**Influence/enhance the environment to be supportive of positive youth development through:
   a. Evidence-based/supported resiliency building curriculum for youth and adults provided within collaborating schools
   b. One-Time Workshops/Presentations
   c. Partnership building for resource and referral *(on-going)*
   d. CCYSA taskforce meetings with 12 sectors represented

Expected Outputs

- On-boarding process completion

OST:

- # of clients served
- # of days attended/week
- # of participants who stay for YD program
- Outputs for summer/breaks:
  - # of days attended
  - # of academic support hours
  - # of enrichment activity hours

Parent Engagement:

- # of clients served in each program category (a-c)
- # of one-time workshops and presentations
- # of evidence-based/supported cycles provided

Community Engagement:

- # of clients served in each program category (a-c)
- # of evidence-based/supported cycles provided in school
- # of one-time workshops and presentations
- # of referrals made

Expected Outcomes

Short-Term Outcomes

OST and Summer Intersession: *(8 weeks after program intake)*

- Increased sense of connection and character
- Understanding and respect for ICAN rules, culture and participation expectations
- Reduce summer learning loss

Parent/Community Engagement: *(6 months after start)*

- Feeling of connection with ICAN *(ICAN parent only)*
- Belief that a safe space has been created for their children *(ICAN parent only)*

Intermediate-Term Outcomes

OST: *(6-9 months after program intake)*

- Youth satisfaction with programming
- Improved positive development as measured by:
  - Improved connection
  - Improved competence
  - Improved character
  - Improved contribution
  - Improved confidence

Parent/Community Engagement: *(1 year after start)*

- Satisfaction with programming/willingness to recommend ICAN services to others
- Improvement in positive discipline, bonding and family management skills *(evidence based /supported curriculum for parents only)*
- Improved resiliency of youth served in school as measured by:
  - Improved coping/self-regulation
  - Improved feeling of self-worth/efficacy
  - Improved compassion for others

Long-Term Outcomes (*Post Program*)

- Build "Pathways to Success" that help youth realize their full potential
  - Continuous Learning
  - Community Contribution
  - Workforce Contribution