



OUR STORY

The barriers that keep kids from being successful, well-adjusted students and then adults and citizens are numerous, and it takes dedicated professionals to identify and eliminate them. That's what CIS does! Whether providing services to keep kids in school, improving academic or personal success, providing food or basic needs, intervening to identify and treat depression and mental illness, or helping high school graduates to set and achieve career or educational goals, Communities In Schools does whatever it takes.



OUR STUDENTS ARE AT THE HEART OF EVERYTHING WE DO SCHOOL-BASED K-12 STUDENT SUPPORT

We employ caring professionals who, through the power of a strong relationship, advocate for and empower identified students and families.

Our campus-based professionals work in collaboration with schools and local partners to increase students' belief in themselves, their academic performance, and their connection with their community.

Through individualized interventions and a "family" of support, students traverse a personal journey of hope, goal achievement, and meaning in their lives.

Specific Resources Provided Include:

- A one-on-one mentoring relationship with a caring adult
- Counseling and Supportive Guidance for positive mental health and coping skills
- Attendance and Academic support
- Behavior support
- Assistance with basic needs such as food, clothing, rent/utility assistance
- Linkages to community resources
- Guidance and support to reach personal goals

High School to Adult Success

College/Career Prep in High Schools

- On campus weekly
- Field trips to post-secondary schools
- Life Bootcamp (summer after graduation)

Alumni Support/Post High School Engagement

- Wilderness camping
- Mentor and leadership training
- Scholarships for college
- counseling/ supportive guidance
- Financial assistance

Health and Mental Health Activities

- Encouraging overall health and wellness
- Substance Abuse Prevention
- Education on positive coping skills
- Suicide Prevention Programming (SOS)
- Therapeutic school-based counseling
- Training for adults to increase understanding of mental health and trauma
- Working with the community to enhance awareness of resources for mental health

CIS Thrift Store

- Generating revenue to fund the work of Communities In Schools
- Donating basic needs to community members in crisis
- Providing volunteer opportunities for all ages
- Teaching multifaceted job skills to youth
- You can donate items and/or shop

OUR MODEL



HOW YOU CAN HELP...

DONATE

CIS is a non-profit 501(c)3 organization and a donation to Communities In Schools is an investment in the future of our community. To donate go to www.cis-sct.org/donations or contact Dawn Koehler at dkoehler@cissct.org or (830)620-4247 x.16

VOLUNTEER/MENTOR

We need your help! Our Communities In Schools program depends on volunteers just like you. Over 1,000 volunteers make it possible for CIS to serve more than 35,000 young people each year. To learn how you can help, contact us at (830)620-4247.

SHOP

Visit the CIS Thrift Store located at: 1058 Business IH 35 North, New Braunfels, TX 78130

open doors.



**AT COMMUNITIES IN SCHOOLS SOUTH CENTRAL TEXAS
WE ARE COMMITTED TO ALL KIDS!**

The mission of Communities In Schools is to surround students with a community of support, empowering them to succeed in school and achieve in life.



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Communities
In Schools®

South Central Texas

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