

For calendar year 2022, or tax year beginning 01-01-2022 , and ending 12-31-2022

Name of foundation FOCUS FOR HEALTH INC		A Employer identification number 27-3400299	
Number and street (or P.O. box number if mail is not delivered to street address) 67 MOUNTAIN BLVD 201	Room/suite	B Telephone number (see instructions) (908) 279-7881	
City or town, state or province, country, and ZIP or foreign postal code WARREN, NJ 07059		C If exemption application is pending, check here ☐	
G Check all that apply: ☐ Initial return ☐ Initial return of a former public charity ☐ Final return ☐ Amended return ☐ Address change ☒ Name change		D 1. Foreign organizations, check here..... ☐ 2. Foreign organizations meeting the 85% test, check here and attach computation ... ☐	
H Check type of organization: ☒ Section 501(c)(3) exempt private foundation ☐ Section 4947(a)(1) nonexempt charitable trust ☐ Other taxable private foundation		E If private foundation status was terminated under section 507(b)(1)(A), check here ☐	
I Fair market value of all assets at end of year (from Part II, col. (c), line 16) ▶\$ <u>27,426,467</u>		F If the foundation is in a 60-month termination under section 507(b)(1)(B), check here ☐	
J Accounting method: ☐ Cash ☒ Accrual ☐ Other (specify) _____ (Part I, column (d) must be on cash basis.)			

Part I Analysis of Revenue and Expenses (The total of amounts in columns (b), (c), and (d) may not necessarily equal the amounts in column (a) (see instructions).)		(a) Revenue and expenses per books	(b) Net investment income	(c) Adjusted net income	(d) Disbursements for charitable purposes (cash basis only)
Revenue	1 Contributions, gifts, grants, etc., received (attach schedule)	495,359			
	2 Check ☐ if the foundation is not required to attach Sch. B				
	3 Interest on savings and temporary cash investments				
	4 Dividends and interest from securities	301,228	266,868		
	5a Gross rents	1,517,341	1,368,295		
	b Net rental income or (loss) <u>1,067,523</u>				
	6a Net gain or (loss) from sale of assets not on line 10	15,849,873			
	b Gross sales price for all assets on line 6a <u>25,915,107</u>				
	7 Capital gain net income (from Part IV, line 2)		14,433,389		
	8 Net short-term capital gain				
	9 Income modifications				
	10a Gross sales less returns and allowances				
Operating and Administrative Expenses	b Less: Cost of goods sold				
	c Gross profit or (loss) (attach schedule)				
	11 Other income (attach schedule)				
	12 Total. Add lines 1 through 11	18,163,801	16,068,552		
	13 Compensation of officers, directors, trustees, etc.	0	0		0
	14 Other employee salaries and wages	383,307	0		383,307
	15 Pension plans, employee benefits	34,976	0		34,976
	16a Legal fees (attach schedule)	2,000	0		2,000
	b Accounting fees (attach schedule)	10,029	5,015		0
	c Other professional fees (attach schedule)	39,159	500		38,659
	17 Interest	207,969	162,759		45,210
	18 Taxes (attach schedule) (see instructions)	673,281	87,083		26,198
	19 Depreciation (attach schedule) and depletion	182,377	182,377		
	20 Occupancy				
	21 Travel, conferences, and meetings				
	22 Printing and publications				
	23 Other expenses (attach schedule)	597,602	77,237		190,811
	24 Total operating and administrative expenses. Add lines 13 through 23	2,130,700	514,971		721,161
	25 Contributions, gifts, grants paid	3,080,034			3,080,034
	26 Total expenses and disbursements. Add lines 24 and 25	5,210,734	514,971		3,801,195
	27 Subtract line 26 from line 12:				
	a Excess of revenue over expenses and disbursements	12,953,067			
	b Net investment income (if negative, enter -0-)		15,553,581		
c Adjusted net income (if negative, enter -0-)					

Part II		Balance Sheets	Attached schedules and amounts in the description column should be for end-of-year amounts only. (See instructions.)	Beginning of year	End of year	
				(a) Book Value	(b) Book Value	(c) Fair Market Value
Assets	1	Cash—non-interest-bearing		248,396	633,893	633,893
	2	Savings and temporary cash investments				
	3	Accounts receivable ▶ 14,088				
		Less: allowance for doubtful accounts ▶		975	14,088	14,088
	4	Pledges receivable ▶				
		Less: allowance for doubtful accounts ▶				
	5	Grants receivable				
	6	Receivables due from officers, directors, trustees, and other disqualified persons (attach schedule) (see instructions)				
	7	Other notes and loans receivable (attach schedule) ▶				
		Less: allowance for doubtful accounts ▶				
	8	Inventories for sale or use				
	9	Prepaid expenses and deferred charges				
	10a	Investments—U.S. and state government obligations (attach schedule)				
	b	Investments—corporate stock (attach schedule)		7,565,716	23,604,872	25,774,669
	c	Investments—corporate bonds (attach schedule)				
	Liabilities	11	Investments—land, buildings, and equipment: basis ▶			
		Less: accumulated depreciation (attach schedule) ▶		8,499,906		
12		Investments—mortgage loans				
13		Investments—other (attach schedule)		0	1,001,147	1,001,147
14		Land, buildings, and equipment: basis ▶				
		Less: accumulated depreciation (attach schedule) ▶				
15		Other assets (describe ▶)		118,827	2,670	2,670
16		Total assets (to be completed by all filers—see the instructions. Also, see page 1, item I)		16,433,820	25,256,670	27,426,467
17		Accounts payable and accrued expenses		104,012	7,500	
18		Grants payable				
19	Deferred revenue.					
20	Loans from officers, directors, trustees, and other disqualified persons					
21	Mortgages and other notes payable (attach schedule)		4,539,128			
22	Other liabilities (describe ▶)		223,616	3,404,622		
23	Total liabilities (add lines 17 through 22)		4,866,756	3,412,122		
Net Assets or Fund Balances	Foundations that follow FASB ASC 958, check here ▶ ☐ and complete lines 24, 25, 29 and 30.					
	24	Net assets without donor restrictions				
	25	Net assets with donor restrictions				
	Foundations that do not follow FASB ASC 958, check here ▶ ☒ and complete lines 26 through 30.					
	26	Capital stock, trust principal, or current funds		0	0	
	27	Paid-in or capital surplus, or land, bldg., and equipment fund		0	0	
	28	Retained earnings, accumulated income, endowment, or other funds		11,567,064	21,844,548	
	29	Total net assets or fund balances (see instructions)		11,567,064	21,844,548	
30	Total liabilities and net assets/fund balances (see instructions) .		16,433,820	25,256,670		

Part III Analysis of Changes in Net Assets or Fund Balances			
1	Total net assets or fund balances at beginning of year—Part II, column (a), line 29 (must agree with end-of-year figure reported on prior year's return)	1	11,567,064
2	Enter amount from Part I, line 27a	2	12,953,067
3	Other increases not included in line 2 (itemize) ▶	3	0
4	Add lines 1, 2, and 3	4	24,520,131
5	Decreases not included in line 2 (itemize) ▶	5	2,675,583
6	Total net assets or fund balances at end of year (line 4 minus line 5)—Part II, column (b), line 29.	6	21,844,548

Part IV

Capital Gains and Losses for Tax on Investment Income

(a) List and describe the kind(s) of property sold (e.g., real estate, 2-story brick warehouse; or common stock, 200 shs. MLC Co.)	(b) How acquired P—Purchase D—Donation	(c) Date acquired (mo., day, yr.)	(d) Date sold (mo., day, yr.)
1 a TD AMERITRADE - 2000		2022-01-01	2022-12-31
b TD AMERITRADE - 2000		2022-01-01	2022-12-31
c UBS - 1491		2022-01-01	2022-12-31
d UBS - 1491		2022-01-01	2022-12-31
e WELLS FARGO - 9007		2022-01-01	2022-12-31
DISPOSITION OF EVP 1080 LLC	P	2021-01-01	2022-01-01
REAL PROPERTY - CHARLOTTESVILLE, VA	D		2022-10-06
REAL PROPERTY - COLUMBUS, OH	D		2022-10-06
REAL PROPERTY - MEMPHIS, TN	D		2022-10-06
REAL PROPERTY - MORROW, GA	D		2022-10-06
REAL PROPERTY - NEW ORLEANS, LA	D		2022-10-06
REAL PROPERTY - NORTH LITTLE ROCK, AK	D		2022-10-06
REAL PROPERTY - SPRINGFIELD, MO	D		2022-10-06
REAL PROPERTY - SYRACUSE, NY	D		2022-10-06
REAL PROPERTY - CHARLOTTESVILLE, VA	D		2022-10-06
REAL PROPERTY - MORROW, GA	D		2022-10-06

(e) Gross sales price	(f) Depreciation allowed (or allowable)	(g) Cost or other basis plus expense of sale	(h) Gain or (loss) (e) plus (f) minus (g)
a			-186,560
b			-7,070
c			-208,962
d 137,737			137,737
e			-95,171
			-81,755
2,381,611		2,061,967	319,644
4,793,582		1,559,258	3,234,324
2,746,919		358,915	2,388,004
4,364,152		3,691,440	672,712
2,216,124		511,527	1,704,597
2,640,829		405,706	2,235,123
1,665,402		521,454	1,143,948
3,552,262		375,447	3,176,815
556,093		556,093	0
860,396		860,393	3

Complete only for assets showing gain in column (h) and owned by the foundation on 12/31/69			(l) Gains (Col. (h) gain minus col. (k), but not less than -0-) or Losses (from col.(h))
(i) F.M.V. as of 12/31/69	(j) Adjusted basis as of 12/31/69	(k) Excess of col. (i) over col. (j), if any	
a			-186,560
b			-7,070
c			-208,962
d			137,737
e			-95,171
			-81,755
			319,644
			3,234,324
			2,388,004
			672,712
			1,704,597
			2,235,123
			1,143,948
			3,176,815
			0
			3

Capital gain net income or (net capital loss)	{ If gain, also enter in Part I, line 7 If (loss), enter -0- in Part I, line 7 }	2	14,433,389
3 Net short-term capital gain or (loss) as defined in sections 1222(5) and (6): If gain, also enter in Part I, line 8, column (c) (see instructions). If (loss), enter -0- in Part I, line 8	}	3	

Part V

Excise Tax Based on Investment Income (Section 4940(a), 4940(b), 4940(e), or 4948—see instructions)

1a	Exempt operating foundations described in section 4940(d)(2), check here ☐ and enter "N/A" on line 1.			
	Date of ruling or determination letter: _____ (attach copy of letter if necessary—see instructions)		1	216,195
b	All other domestic foundations enter 1.39% (0.0139) of line 27b. Exempt foreign organizations enter 4% (0.04) of Part I, line 12, col. (b)			
2	Tax under section 511 (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)		2	0
3	Add lines 1 and 2.		3	216,195
4	Subtitle A (income) tax (domestic section 4947(a)(1) trusts and taxable foundations only. Others enter -0-)		4	0
5	Tax based on investment income. Subtract line 4 from line 3. If zero or less, enter -0-		5	216,195
6	Credits/Payments:			
a	2022 estimated tax payments and 2021 overpayment credited to 2022	6a	256,669	
b	Exempt foreign organizations—tax withheld at source	6b	0	
c	Tax paid with application for extension of time to file (Form 8868)	6c	40,000	
d	Backup withholding erroneously withheld	6d	0	
7	Total credits and payments. Add lines 6a through 6d		7	296,669
8	Enter any penalty for underpayment of estimated tax. Check here ☒ if Form 2221 is attached.		8	28
9	Tax due. If the total of lines 5 and 8 is more than line 7, enter amount owed		9	
10	Overpayment. If line 7 is more than the total of lines 5 and 8, enter the amount overpaid.		10	80,446
11	Enter the amount of line 10 to be: Credited to 2023 estimated tax	Refunded	11	0

Part VI-A

Statements Regarding Activities

1a	During the tax year, did the foundation attempt to influence any national, state, or local legislation or did it participate or intervene in any political campaign?		Yes	No
1a				No
b	Did it spend more than \$100 during the year (either directly or indirectly) for political purposes? See the instructions for the definition.			No
1b				No
If the answer is "Yes" to 1a or 1b, attach a detailed description of the activities and copies of any materials published or distributed by the foundation in connection with the activities.				
c	Did the foundation file Form 1120-POL for this year?	1c		No
d	Enter the amount (if any) of tax on political expenditures (section 4955) imposed during the year: (1) On the foundation. \$ 0 (2) On foundation managers. \$ 0			
e	Enter the reimbursement (if any) paid by the foundation during the year for political expenditure tax imposed on foundation managers. \$ 0			
2	Has the foundation engaged in any activities that have not previously been reported to the IRS? If "Yes," attach a detailed description of the activities.	2		No
3	Has the foundation made any changes, not previously reported to the IRS, in its governing instrument, articles of incorporation, or bylaws, or other similar instruments? If "Yes," attach a conformed copy of the changes	3		No
4a	Did the foundation have unrelated business gross income of \$1,000 or more during the year?	4a	Yes	
b	If "Yes," has it filed a tax return on Form 990-T for this year?	4b	Yes	
5	Was there a liquidation, termination, dissolution, or substantial contraction during the year? If "Yes," attach the statement required by General Instruction T.	5		No
6	Are the requirements of section 508(e) (relating to sections 4941 through 4945) satisfied either: • By language in the governing instrument, or • By state legislation that effectively amends the governing instrument so that no mandatory directions that conflict with the state law remain in the governing instrument?	6		No
7	Did the foundation have at least \$5,000 in assets at any time during the year? If "Yes," complete Part II, col. (c), and Part XIV.	7	Yes	
8a	Enter the states to which the foundation reports or with which it is registered (see instructions) NJ			
b	If the answer is "Yes" to line 7, has the foundation furnished a copy of Form 990-PF to the Attorney General (or designate) of each state as required by General Instruction G? If "No," attach explanation .	8b	Yes	
9	Is the foundation claiming status as a private operating foundation within the meaning of section 4942(j)(3) or 4942(j)(5) for calendar year 2022 or the taxable year beginning in 2022? See the instructions for Part XIII. If "Yes," complete Part XIII	9		No
10	Did any persons become substantial contributors during the tax year? If "Yes," attach a schedule listing their names and addresses.	10		No

Part VI-A

Statements Regarding Activities (continued)

11	At any time during the year, did the foundation, directly or indirectly, own a controlled entity within the meaning of section 512(b)(13)? If "Yes," attach schedule. See instructions.	11	No
12	Did the foundation make a distribution to a donor advised fund over which the foundation or a disqualified person had advisory privileges? If "Yes," attach statement. See instructions	12	No
13	Did the foundation comply with the public inspection requirements for its annual returns and exemption application? Website address ► WWW.FOCUSFORHEALTH.ORG	13	No
14	The books are in care of ► BARRY SEGAL Telephone no. ► (908) 279-7881 Located at ► 67 MOUNTAIN BLVD STE 201 WARREN NJ ZIP+4 ► 07059		
15	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-PF in lieu of Form 1041 —check here	15	
16	At any time during calendar year 2022, did the foundation have an interest in or a signature or other authority over a bank, securities, or other financial account in a foreign country?	16	Yes No
	See the instructions for exceptions and filing requirements for FinCEN Form 114. If "Yes", enter the name of the foreign		

Part VI-B

Statements Regarding Activities for Which Form 4720 May Be Required

File Form 4720 if any item is checked in the "Yes" column, unless an exception applies.			Yes	No
1a	During the year did the foundation (either directly or indirectly):			
	(1) Engage in the sale or exchange, or leasing of property with a disqualified person?	1a(1)		No
	(2) Borrow money from, lend money to, or otherwise extend credit to (or accept it from) a disqualified person?	1a(2)		No
	(3) Furnish goods, services, or facilities to (or accept them from) a disqualified person?	1a(3)		No
	(4) Pay compensation to, or pay or reimburse the expenses of, a disqualified person?	1a(4)		No
	(5) Transfer any income or assets to a disqualified person (or make any of either available for the benefit or use of a disqualified person)?	1a(5)		No
	(6) Agree to pay money or property to a government official? (Exception. Check "No" if the foundation agreed to make a grant to or to employ the official for a period after termination of government service, if terminating within 90 days.)	1a(6)		No
b	If any answer is "Yes" to 1a(1)–(6); did any of the acts fail to qualify under the exceptions described in Regulations section 53.4941(d)-3 or in a current notice regarding disaster assistance? See instructions	1b		
c	Organizations relying on a current notice regarding disaster assistance check here.			
d	Did the foundation engage in a prior year in any of the acts described in 1a, other than excepted acts, that were not corrected before the first day of the tax year beginning in 2022?	1d		No
2	Taxes on failure to distribute income (section 4942) (does not apply for years the foundation was a private operating foundation defined in section 4942(j)(3) or 4942(j)(5)):			
a	At the end of tax year 2022, did the foundation have any undistributed income (Part XII, lines 6d and 6e) for tax year(s) beginning before 2022?. If "Yes," list the years ► 20____, 20____, 20____, 20____	2a		No
b	Are there any years listed in 2a for which the foundation is not applying the provisions of section 4942(a)(2) (relating to incorrect valuation of assets) to the year's undistributed income? (If applying section 4942(a)(2) to all years listed, answer "No" and attach statement—see instructions.)	2b		
c	If the provisions of section 4942(a)(2) are being applied to any of the years listed in 2a, list the years here. ► 20____, 20____, 20____, 20____			
3a	Did the foundation hold more than a 2% direct or indirect interest in any business enterprise at any time during the year?	3a		No
b	If "Yes," did it have excess business holdings in 2022 as a result of (1) any purchase by the foundation or disqualified persons after May 26, 1969; (2) the lapse of the 5-year period (or longer period approved by the Commissioner under section 4943(c)(7)) to dispose of holdings acquired by gift or bequest; or (3) the lapse of the 10-, 15-, or 20-year first phase holding period?(Use Schedule C, Form 4720, to determine if the foundation had excess business holdings in 2022.).	3b		
4a	Did the foundation invest during the year any amount in a manner that would jeopardize its charitable purposes?	4a		No
b	Did the foundation make any investment in a prior year (but after December 31, 1969) that could jeopardize its charitable purpose that had not been removed from jeopardy before the first day of the tax year beginning in 2022?	4b		No

Part VI-B

Statements Regarding Activities for Which Form 4720 May Be Required (continued)

5a	During the year did the foundation pay or incur any amount to:		Yes	No
	(1) Carry on propaganda, or otherwise attempt to influence legislation (section 4945(e))?	5a(1)		No
	(2) Influence the outcome of any specific public election (see section 4955); or to carry on, directly or indirectly, any voter registration drive?	5a(2)		No
	(3) Provide a grant to an individual for travel, study, or other similar purposes?	5a(3)		No
	(4) Provide a grant to an organization other than a charitable, etc., organization described in section 4945(d)(4)(A)? See instructions	5a(4)		No
	(5) Provide for any purpose other than religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals?	5a(5)		No
b	If any answer is "Yes" to 5a(1)–(5); did any of the transactions fail to qualify under the exceptions described in Regulations section 53.4945 or in a current notice regarding disaster assistance? See instructions	5b		
c	Organizations relying on a current notice regarding disaster assistance check			
d	If the answer is "Yes" to question 5a(4), does the foundation claim exemption from the tax because it maintained expenditure responsibility for the grant? If "Yes," attach the statement required by Regulations section 53.4945–5(d).	5d		
6a	Did the foundation, during the year, receive any funds, directly or indirectly, to pay premiums on a personal benefit contract?	6a		No
b	Did the foundation, during the year, pay premiums, directly or indirectly, on a personal benefit contract? If "Yes" to 6b, file Form 8870.	6b		No
7a	At any time during the tax year, was the foundation a party to a prohibited tax shelter transaction?	7a		No
b	If "Yes", did the foundation receive any proceeds or have any net income attributable to the transaction?	7b		
8	Is the foundation subject to the section 4960 tax on payment(s) of more than \$1,000,000 in remuneration or excess parachute payment during the year?	8		No

Part VII

Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors

1 List all officers, directors, trustees, foundation managers and their compensation. See instructions				
(a) Name and address	(b) Title, and average hours per week devoted to position	(c) Compensation (If not paid, enter -0-)	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
MARTIN SEGAL 67 MOUNTAIN BLVD 201 WARREN, NJ 07059	VICE PRESIDENT 3.00	0	0	0
BARRY SEGAL 67 MOUNTAIN BLVD 201 WARREN, NJ 07059	PRESIDENT 5.00	0	0	0
SUSAN DAVIS 67 MOUNTAIN BLVD 201 WARREN, NJ 07059	TRUSTEE 0.50	0	0	0
SHARON HARRISON 67 MOUNTAIN BLVD 201 WARREN, NJ 07059	TRUSTEE 0.50	0	0	0
RICHARD SEGAL 67 MOUNTAIN BLVD 201 WARREN, NJ 07059	TRUSTEE 0.50	0	0	0
MACDELLA COOPER 67 MOUNTAIN BLVD 201 WARREN, NJ 07059	TRUSTEE 0.50	0	0	0
2 Compensation of five highest-paid employees (other than those included on line 1—see instructions). If none, enter "NONE."				
(a) Name and address of each employee paid more than \$50,000	(b) Title, and average hours per week devoted to position	(c) Compensation	(d) Contributions to employee benefit plans and deferred compensation	(e) Expense account, other allowances
JENNIFER SHORE 67 MOUNTAIN BLVD WARREN, NJ 07059	EXECUTIVE DIRECTOR 40.00	205,999	0	0
DANA WISE 67 MOUNTAIN BLVD WARREN, NJ 07059	ASSOCIATE 40.00	62,142	0	0
KIAYA I CONOVER 67 MOUNTAIN BLVD WARREN, NJ 07059	ASSOCIATE 40.00	60,052	0	0
Total number of other employees paid over \$50,000.				0

Part VII

Information About Officers, Directors, Trustees, Foundation Managers, Highly Paid Employees, and Contractors *(continued)*

3 Five highest-paid independent contractors for professional services (see instructions). If none, enter "NONE".

(a) Name and address of each person paid more than \$50,000	(b) Type of service	(c) Compensation
NONE		

Total number of others receiving over \$50,000 for professional services. 

0

Part VIII- Summary of Direct Charitable Activities

List the foundation's four largest direct charitable activities during the tax year. Include relevant statistical information such as the number of organizations and other beneficiaries served, conferences convened, research papers produced, etc.	Expenses
1	
2	
3	
4	

Part VIII- Summary of Program-Related Investments (see instructions)

Describe the two largest program-related investments made by the foundation during the tax year on lines 1 and 2.	Amount
1 PARTNER SUMMIT TOOK PLACE IN OCTOBER 2022 TO TEACH AND LEARN FROM EACH OTHER TO MINIMIZE THE HEALTH INEQUALITY IN EVERYONE'S RESPECTIVE COMMUNITIES.	329,554
2	
All other program-related investments. See instructions.	
3	
Total. Add lines 1 through 3	329,554

Part IX Minimum Investment Return (All domestic foundations must complete this part. Foreign foundations, see instructions.)

1	Fair market value of assets not used (or held for use) directly in carrying out charitable, etc., purposes:		
a	Average monthly fair market value of securities.	1a	12,441,538
b	Average of monthly cash balances.	1b	441,415
c	Fair market value of all other assets (see instructions).	1c	19,766,758
d	Total (add lines 1a, b, and c).	1d	32,649,711
e	Reduction claimed for blockage or other factors reported on lines 1a and 1c (attach detailed explanation).	1e	0
2	Acquisition indebtedness applicable to line 1 assets	2	0
3	Subtract line 2 from line 1d.	3	32,649,711
4	Cash deemed held for charitable activities. Enter 1.5% (0.015) of line 3 (for greater amount, see instructions).	4	489,746
5	Net value of noncharitable-use assets. Subtract line 4 from line 3.. . . .	5	32,159,965
6	Minimum investment return. Enter 5% (0.05) of line 5.	6	1,607,998

Part X Distributable Amount (see instructions) (Section 4942(j)(3) and (j)(5) private operating foundations and certain foreign organizations check here ☐ and do not complete this part.)

1	Minimum investment return from Part IX, line 6.	1	1,607,998
2a	Tax on investment income for 2022 from Part V, line 5.	2a	216,195
b	Income tax for 2022. (This does not include the tax from Part V.).	2b	302,191
c	Add lines 2a and 2b.	2c	518,386
3	Distributable amount before adjustments. Subtract line 2c from line 1.	3	1,089,612
4	Recoveries of amounts treated as qualifying distributions.	4	0
5	Add lines 3 and 4.	5	1,089,612
6	Deduction from distributable amount (see instructions).	6	0
7	Distributable amount as adjusted. Subtract line 6 from line 5. Enter here and on Part XII, line 1.	7	1,089,612

Part XI Qualifying Distributions (see instructions)

1	Amounts paid (including administrative expenses) to accomplish charitable, etc., purposes:		
a	Expenses, contributions, gifts, etc.—total from Part I, column (d), line 26.	1a	3,801,195
b	Program-related investments—total from Part VIII-B	1b	329,554
2	Amounts paid to acquire assets used (or held for use) directly in carrying out charitable, etc., purposes.	2	
3	Amounts set aside for specific charitable projects that satisfy the:		
a	Suitability test (prior IRS approval required).	3a	
b	Cash distribution test (attach the required schedule).	3b	
4	Qualifying distributions. Add lines 1a through 3b. Enter here and on Part XII, line 4.. . . .	4	4,130,749

Part XII **Undistributed Income** (see instructions)

	(a) Corpus	(b) Years prior to 2021	(c) 2021	(d) 2022
1 Distributable amount for 2022 from Part X, line 7				1,089,612
2 Undistributed income, if any, as of the end of 2022:				
a Enter amount for 2021 only.			0	
b Total for prior years: 2 0____, 2 0____, 2 0____		0		
3 Excess distributions carryover, if any, to 2022:				
a From 2017.	1,611,530			
b From 2018.	1,322,559			
c From 2019.	1,778,574			
d From 2020.	1,636,750			
e From 2021.	1,561,787			
f Total of lines 3a through e.	7,911,200			
4 Qualifying distributions for 2022 from Part XI, line 4: ▶ \$ <u>4,130,749</u>				
a Applied to 2021, but not more than line 2a			0	
b Applied to undistributed income of prior years (Election required—see instructions).		0		
c Treated as distributions out of corpus (Election required—see instructions).	0			
d Applied to 2022 distributable amount				1,089,612
e Remaining amount distributed out of corpus	3,041,137			
5 Excess distributions carryover applied to 2022. <i>(If an amount appears in column (d), the same amount must be shown in column (a).)</i>	0			0
6 Enter the net total of each column as indicated below:				
a Corpus. Add lines 3f, 4c, and 4e. Subtract line 5	10,952,337			
b Prior years' undistributed income. Subtract line 4b from line 2b.		0		
c Enter the amount of prior years' undistributed income for which a notice of deficiency has been issued, or on which the section 4942(a) tax has been previously assessed		0		
d Subtract line 6c from line 6b. Taxable amount—see instructions.		0		
e Undistributed income for 2021. Subtract line 4a from line 2a. Taxable amount—see instructions.			0	
f Undistributed income for 2022. Subtract lines 4d and 5 from line 1. This amount must be distributed in 2023				0
7 Amounts treated as distributions out of corpus to satisfy requirements imposed by section 170(b)(1)(F) or 4942(g)(3) (Election may be required - see instructions).	0			
8 Excess distributions carryover from 2017 not applied on line 5 or line 7 (see instructions)	1,611,530			
9 Excess distributions carryover to 2023. Subtract lines 7 and 8 from line 6a	9,340,807			
10 Analysis of line 9:				
a Excess from 2018	1,322,559			
b Excess from 2019	1,778,574			
c Excess from 2020.	1,636,750			
d Excess from 2021	1,561,787			
e Excess from 2022	3,041,137			

Enter gross amounts unless otherwise indicated.		Unrelated business income		Excluded by section 512, 513, or 514		(e) Related or exempt function income (See instructions.)
		(a) Business code	(b) Amount	(c) Exclusion code	(d) Amount	
1 Program service revenue:						
a _____						
b _____						
c _____						
d _____						
e _____						
f _____						
g Fees and contracts from government agencies						
2 Membership dues and assessments						
3 Interest on savings and temporary cash investments						
4 Dividends and interest from securities		900001	34,360	14	266,868	
5 Net rental income or (loss) from real estate:						
a Debt-financed property.		900001	149,046			
b Not debt-financed property.						769,431
6 Net rental income or (loss) from personal property						
7 Other investment income						
8 Gain or (loss) from sales of assets other than inventory		900001	1,416,487	18	14,433,386	
9 Net income or (loss) from special events:						
10 Gross profit or (loss) from sales of inventory						
11 Other revenue: a _____						
b _____						
c _____						
d _____						
e _____						
12 Subtotal. Add columns (b), (d), and (e) . .			1,599,893		14,700,254	769,431
13 Total. Add line 12, columns (b), (d), and (e). (See worksheet in line 13 instructions to verify calculations.)				13		17,069,578

[illegible]

Part XVI

Information Regarding Transfers To and Transactions and Relationships With Noncharitable Exempt Organizations

1 Did the organization directly or indirectly engage in any of the following with any other organization described in section 501(c) (other than section 501(c)(3) organizations) or in section 527, relating to political organizations?

a Transfers from the reporting foundation to a noncharitable exempt organization of:

(1) Cash.

(2) Other assets.

b Other transactions:

(1) Sales of assets to a noncharitable exempt organization.

(2) Purchases of assets from a noncharitable exempt organization

(3) Rental of facilities, equipment, or other assets. . . .

(4) Reimbursement arrangements.

(5) Loans or loan guarantees. . . .

(6) Performance of services or membership or fundraising solicitations.

c Sharing of facilities, equipment, mailing lists, other assets, or paid employees.

d If the answer to any of the above is "Yes," complete the following schedule. Column **(b)** should always show the fair market value of the goods, other assets, or services given by the reporting foundation. If the foundation received less than fair market value in any transaction or sharing arrangement, show in column **(d)** the value of the goods, other assets, or services received.

[illegible]

2a Is the foundation directly or indirectly affiliated with, or related to, one or more tax-exempt organizations described in section 501(c) (other than section 501(c)(3)) or in section 527? ☐ Yes ☒ No

b If "Yes," complete the following schedule.

(a) Name of organization	(b) Type of organization	(c) Description of relationship

Sign Here

Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than taxpayer) is based on all information of which preparer has any knowledge.

	2023-11-09
Signature of officer or trustee	Date

2023-11-09

Title

May the IRS discuss this return with the preparer shown below?
See instructions. ☐ Yes ☐ No

**Paid
Preparer
Use Only**

Paid Preparer Use Only	Print/Type preparer's name	Preparer's Signature	Date	Check if self-employed ☐	PTIN
	STEVE KREINIK		2023-11-09		P00839914
	Firm's name ► COHNREZNICK LLP				Firm's EIN ► 22-147809
	Firm's address ► 1301 AVENUE OF THE AMERICAS NEW YORK, NY 10019				Phone no. (212) 297-0400

Additional Data

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Software ID:

Software Version:

Form 990PF - Special Condition Description:

Special Condition Description
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Schedule B (Form 990) Department of the Treasury Internal Revenue Service	Schedule of Contributors ▶ Attach to Form 990, 990-EZ, or 990-PF. ▶ Go to www.irs.gov/Form990 for the latest information.	OMB No. 1545-0047
		2022
Name of the organization FOCUS FOR HEALTH INC		Employer identification number 27-3400299

Organization type (check one):

Filers of:	Section:
Form 990 or 990-EZ	☐ 501(c)() (enter number) organization
	☐ 4947(a)(1) nonexempt charitable trust not treated as a private foundation
	☐ 527 political organization
Form 990-PF	☒ 501(c)(3) exempt private foundation
	☐ 4947(a)(1) nonexempt charitable trust treated as a private foundation
	☐ 501(c)(3) taxable private foundation

Check if your organization is covered by the **General Rule** or a **Special Rule**.
Note: Only a section 501(c)(7), (8), or (10) organization can check boxes for both the General Rule and a Special Rule. See instructions.

General Rule

☒ For an organization filing Form 990, 990-EZ, or 990-PF that received, during the year, contributions totaling \$5,000 or more (in money or other property) from any one contributor. Complete Parts I and II. See instructions for determining a contributor's total contributions.

Special Rules

- ☐ For an organization described in section 501(c)(3) filing Form 990 or 990-EZ that met the 33¹/₃% support test of the regulations under sections 509(a)(1) and 170(b)(1)(A)(vi), that checked Schedule A (Form 990 or 990-EZ), Part II, line 13, 16a, or 16b, and that received from any one contributor, during the year, total contributions of the greater of (1) \$5,000 or (2) 2% of the amount on (i) Form 990, Part VIII, line 1h, or (ii) Form 990-EZ, line 1. Complete Parts I and II.
- ☐ For an organization described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the year, total contributions of more than \$1,000 *exclusively* for religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals. Complete Parts I, II, and III.
- ☐ For an organization described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the year, contributions *exclusively* for religious, charitable, etc., purposes, but no such contributions totaled more than \$1,000. If this box is checked, enter here the total contributions that were received during the year for an *exclusively* religious, charitable, etc., purpose. Don't complete any of the parts unless the **General Rule** applies to this organization because it received *nonexclusively* religious, charitable, etc., contributions totaling \$5,000 or more during the year ▶ \$ _____

Caution: An organization that isn't covered by the General Rule and/or the Special Rules doesn't file Schedule B (Form 990, 990-EZ, or 990-PF), but it **must** answer "No" on Part IV, line 2, of its Form 990; or check the box on line H of its Form 990-EZ or on its Form 990PF, Part I, line 2, to certify that it doesn't meet the filing requirements of Schedule B (Form 990, 990-EZ, or 990-PF).

Name of organization FOCUS FOR HEALTH INC	Employer identification number 27-3400299
--	--

Part I

Contributors (see instructions). Use duplicate copies of Part I if additional space is needed.

(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
1	SEGAL ASSOCIATES OF NEW JERSEY LP 67 MOUNTAIN BLVD STE 201 WARREN, NJ 07059	\$ 495,359	☐ Person ☐ Payroll ☒ Noncash (Complete Part II for noncash contributions.)
-		\$	☐ Person ☐ Payroll ☐ Noncash (Complete Part II for noncash contributions.)
-		\$	☐ Person ☐ Payroll ☐ Noncash (Complete Part II for noncash contributions.)
-		\$	☐ Person ☐ Payroll ☐ Noncash (Complete Part II for noncash contributions.)
-		\$	☐ Person ☐ Payroll ☐ Noncash (Complete Part II for noncash contributions.)
-		\$	☐ Person ☐ Payroll ☐ Noncash (Complete Part II for noncash contributions.)
-		\$	☐ Person ☐ Payroll ☐ Noncash (Complete Part II for noncash contributions.)

Name of organization FOCUS FOR HEALTH INC	Employer identification number 27-3400299
--	--

Part II

Noncash Property (see instructions). Use duplicate copies of Part II if additional space is needed.

(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions)	(d) Date received
1	COMMERCIAL REAL ESTATE - 301 TIME SAVER AVE, NEW ORLEANS LA	\$ 495,359	2022-03-11
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions)	(d) Date received
-		\$	
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions)	(d) Date received
-		\$	
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions)	(d) Date received
-		\$	
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions)	(d) Date received
-		\$	
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions)	(d) Date received
-		\$	
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions)	(d) Date received
-		\$	

Name of organization FOCUS FOR HEALTH INC	Employer identification number 27-3400299
--	--

Part III

Exclusively religious, charitable, etc., contributions to organizations described in section 501(c)(7), (8), or (10) that total more than \$1,000 for the year from any one contributor. Complete columns (a) through (e) and the following line entry. For organizations completing Part III, enter the total of exclusively religious, charitable, etc., contributions of \$1,000 or less for the year. (Enter this information once. See instructions.) ▶ \$

Use duplicate copies of Part III if additional space is needed.

(a) No. from Part I	(b) Purpose of gift	(c) Use of gift	(d) Description of how gift is held
	(e) Transfer of gift		
	Transferee's name, address, and ZIP 4	Relationship of transferor to transferee	
	(e) Transfer of gift		
	Transferee's name, address, and ZIP 4	Relationship of transferor to transferee	
	(e) Transfer of gift		
	Transferee's name, address, and ZIP 4	Relationship of transferor to transferee	
	(e) Transfer of gift		
	Transferee's name, address, and ZIP 4	Relationship of transferor to transferee	
	(e) Transfer of gift		
	Transferee's name, address, and ZIP 4	Relationship of transferor to transferee	

Additional Data

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Software ID:

Software Version:

TY 2022 IRS 990 e-File Render

Name: FOCUS FOR HEALTH INC

EIN: 27-3400299

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
ACCOUNTING FEES	10,029	5,015		0

TY 2022 IRS 990 e-File Render

Name: FOCUS FOR HEALTH INC

EIN: 27-3400299

Name of Stock	End of Year Book Value	End of Year Fair Market Value
TD AMERITRADE - SECURITIES	902,129	731,170
UBS FINANCIAL - (SECURITIES) 1491	5,188,031	4,939,957
E-TRADE - SECURITIES	167,897	167,897
UBS FINANCIAL - (SECURITIES) 5177	5,960,560	8,401,029
UBS FINANCIAL - (SECURITIES) 8455	6,300,000	6,366,150
UBS FINANCIAL - (SECURITIES) 8297	4,940,046	5,002,158
WELLS FARGO - SECURITIES	146,209	166,308

TY 2022 IRS 990 e-File Render

Name: FOCUS FOR HEALTH INC

EIN: 27-3400299

Category/ Item	Listed at Cost or FMV	Book Value	End of Year Fair Market Value
TREVIAN CAPITAL DEBT FUND LP	AT COST	1,001,147	1,001,147

TY 2022 IRS 990 e-File Render

Name: FOCUS FOR HEALTH INC

EIN: 27-3400299

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
LEGAL FEES	2,000	0		2,000

TY 2022 IRS 990 e-File Render

Name: FOCUS FOR HEALTH INC

EIN: 27-3400299

Description	Beginning of Year - Book Value	End of Year - Book Value	End of Year - Fair Market Value
UTILITY DEPOSITS	2,670	2,670	2,670
LOAN CLOSING COSTS	116,157		

TY 2022 IRS 990 e-File Render

Name: FOCUS FOR HEALTH INC

EIN: 27-3400299

Description	Amount
RETURN OF CAPITAL/UNREALIZED GAIN/LOSS/BOOK/TAX DIFFERENCE ON CONTRIBUTIONS	2,675,583

TY 2022 IRS 990 e-File Render

Name: FOCUS FOR HEALTH INC

EIN: 27-3400299

Description	Revenue and Expenses per Books	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
ADP PROCESSING FEE	1,678	0		1,678
BANK SERVICES CHARGES	75	0		75
ADVERTISING EXPENSES	16,757	0		16,757
COMPUTER HARDWARE	1,278	0		1,278
COMMUNICATIONS	21,414	0		21,414
FACILITIES AND EQUIPMENT	200	0		200
CONSULTING FEE	102,244	0		102,244
BOOKS & PERIODICALS	2,149	0		2,149
INSURANCE	2,067	0		2,067
INVESTMENT FEES	42,023	42,023		0
WEB DESIGN	430	0		430
POSTAGE	141	0		141
CONFERENCES	28,148	0		28,148
SUPPLIES EXPENSE	14,230	0		14,230
PARTNER SUMMIT	329,554	0		0
OTHER EXPENSE	841	841		0
REPAIRS & MAINTENANCE	4,156	4,156		0
REPAIRS & MAINTENANCE	4,311	4,311		0
INSURANCE	4,225	4,225		0
REPAIRS & MAINTENANCE	8,177	8,177		0
INSURANCE	3,987	3,987		0
OTHER EXPENSE	3	3		0
PERMITS AND FEES	1,668	1,668		0
AMORTIZATION	7,846	7,846		0

TY 2022 IRS 990 e-File Render

Name: FOCUS FOR HEALTH INC

EIN: 27-3400299

Description	Beginning of Year - Book Value	End of Year - Book Value
SECURITY DEPOSITS	93,053	41,168
PREPAID RENT	126,896	0
OTHER LIABILITIES	3,667	0
UBS LINE OF CREDIT	0	3,350,954
RETURNED WIRES	0	12,500

TY 2022 IRS 990 e-File Render

Name: FOCUS FOR HEALTH INC

EIN: 27-3400299

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
PROFESSIONAL FEES	38,659	0		38,659
PROFESSIONAL FEES	500	500		0

TY 2022 IRS 990 e-File Render

Name: FOCUS FOR HEALTH INC

EIN: 27-3400299

Category	Amount	Net Investment Income	Adjusted Net Income	Disbursements for Charitable Purposes
PAYROLL TAXES	26,198	0		26,198
FEDERAL TAXES	560,000	0		0
FOREIGN TAXES	12,069	12,069		0
REAL ESTATE TAXES	25,204	25,204		0
REAL ESTATE TAXES	25,236	25,236		0
REAL ESTATE TAXES	3,448	3,448		0
REAL ESTATE TAXES	21,126	21,126		0